

SPIRITUAL COMMUNION PRAYER

My Jesus, I believe that You are present in the Blessed Sacrament. I love You above all things, and I desire You in my soul. Since other people dear to me cannot now receive You sacramentally, I ask You to come at least spiritually into their hearts. As though You were already in our hearts, help us to embrace You and unite ourselves wholly to You; permit not that we should ever be separated from You. Amen.